

**INTERSTITIAL CYSTITIS INFORMATION CENTER**  
**1706 BRIERY ROAD** **FARMVILLE, VA 23901**

**ANTISPASMODICS (RXs) WHICH MAY BE HELPFUL FOR IC PAIN/SPASMS:**

(Introductory information on each drug compiled by KayBenton/ICIC from Physicians' Desk Reference 2000 Edition intended as such (introductory only); always contact physician re further RX info)

**URISPAS** (your'eh-spaz): 100mg. tabs. Flavoxate hydrochloride, a synthetic urinary tract spasmolytic, counteracts smooth muscle spasms of the urinary tract. May give relief from dysuria (painful urination ), urgency, nocturia (excessive nighttime urination), suprapubic pain, frequency and incontinence that may occur in cystitis, prostatitis, urethritis, urethrocystitis/ urethrotrigonitis. Taking Urispas is compatible with taking antibiotics used for the treatment of UTIs. **USUAL DOSAGE:** One-two 100mg. tabs three or four times a day. As improvement occurs, dosage may be reduced. Urispas should not be given to those suspected to have glaucoma. Possible side effects: blurred vision, drowsiness, dry mouth, rash, headache, nausea, rapid heartbeat.

**LEVSIN SL** (lehv'sin): 0.125mg hyoscyamine sulfate made for sublingual usage. May, however, also be chewed or taken orally. Levsin acts on smooth muscles of the urinary tract (spastic bladder) as well as those of the ano-rectal area. Also inhibits gastrointestinal propulsive motility and decreases gastric acid secretions, and can be an adjunctive therapy in irritable bowel syndrome. May produce drowsiness, dizziness or blurred vision. **USUAL DOSAGE:** One-two tabs sublingually every four hours or as needed. Must not exceed 12 tablets in 24 hours.

**LEVBID EXTENDED RELEASE TABLETS:** Contain 0.375 of hyoscyamine sulfate and inactive lactose, magnesium stearate, FD&C yellow #6 and other ingredients (not listed). **USUAL DOSAGE:** two times a day.

**URISED** (your'eh-said): Antispasmodic and mild antiseptic which contains Methylene Blue 5.4mg (may turn urine blue to blue-green as well as discolor feces and underpants as well). Also contains Methenamine 40.8mg., Phenyl Salicylate 18.1mg., Benzoic Acid 4.5mg, Atropine Sulfate 0.03mg, and Hyoscyamine 0.03mg. Used in the treatment of cystitis, urethritis and trigonitis.

Possible side effects: blurry vision, dizziness, dry mouth, rapid pulse, rash.

**USUAL DOSAGE:** Two tablets four times a day. Do not exceed recommended dosage.

**DITROPAN** (dih'tro-pan): 5mg. of oxybutynin chloride contained in each tablet, as well as calcium stearate, FD&C Blue #1 Lake, lactose, and microcrystalline cellulose. A more powerful antispasmodic (4-10 times the activity), Ditropan directly affects smooth muscle spasms in the bladder. Decreases urgency and frequency of both incontinence and voluntary urinary voiding.

(Not recommended for long-term use by IC patients-KB) **USUAL DOSAGE:** One 5mg. tablet 2-4 times a day. Many side effects such as possible drowsiness, blurred vision, tachycardia, rash, constipation, dry mouth, nausea, insomnia, reslessness, dry eyes.

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